THE NATUROPATH
AND HERALD OF HEALTH

WITH WHICH ARE CONSOLIDATED

THE AMERIKANISCHE KNEIPPBLÄTTER (1896-1901) THE LIBERATOR OF MEDICAL THOUGHT (1902-1908)

THE KNEIPP WATER CURE MONTHLY (1900-1901) THE PHRENOLOGICAL JOURNAL (1838-1910)

THE GERMAN AND ENGLISH EDITIONS OF THE NATUROPATH (1902-1907)

BENEDICT LUST, EDITOR AND PROPRIETOR, NEW YORK, U. S. A.

OFFICIAL ORGAN OF THE NATUROPATHIC SOCIETY OF AMERICA AND SEVERAL OF THE LEADING SOCIETIES FOR NATURE CURE, DRUGLESS HEALING, ANTI-VACCINATION AND ANTI-VIVISECTION, VEGETARIANISM, AND MEDICAL FREEDOM

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[illegible]h this current issue we bring for the [illegible]time the German section *Der Naturopath [illegible] Gesundheitsratgeber*. The 16 pages here[illegible]re used for the German readers will be [illegible]s now on also devoted to English articles. [illegible] our German readers who have been keep[illegible] the magazine on account of the German [illegible]rtment should send us a postal card that [illegible] only read German and we will send them [illegible] *Hausdoktor* instead. *Der Hausdoktor* [illegible] a very fine magazine for our German [illegible]ders. It will be enlarged in the near fu[illegible]re and it caters principally to the German [illegible]timent and to the advanced ideas of the [illegible]rman readers in regard to rational healing [illegible]d living. It is a broad magazine that has [illegible]o axe to grind with anybody and is pub[illegible]lished in the interest of the common good, [illegible]r social and individual welfare, for re[illegible]generation of mankind, in fact, the trinity of [illegible]man as embodied in body, mind and soul.

We hope that our German friends will all [illegible]be kind enough to inform us if they wish the [illegible]German magazine. However, with this issue, [illegible]the German department says "good-bye." I [illegible]am sure many liked this department, as in [illegible]many families some read German and the [illegible]magazine had a larger field of usefulness than [illegible]many imagined. We have been receiving so [illegible]many letters from English readers that they [illegible]don't want the "Dutch" section and a good [illegible]many of these letters showed prejudice and [illegible]narrowmindedness pure and simple, as they [illegible]cannot see the point that the German language [illegible]is as good a language as English, and that [illegible]the German readers did a good deal in sup[illegible]porting this magazine, in fact, the English [illegible]edition is only the daughter of our old Ger[illegible]man magazine and I don't think it behooves [illegible]the children to speak disrespectful of their [illegible]parents. On the other hand, we are glad that [illegible]we have more space to publish the numerous [illegible]articles which are sent in from contributors. [illegible]Therefore, once more "Auf Wiedersehen" to [illegible]the German readers, and the editor thanks [illegible]very much all those who have supported this [illegible]department and is especially glad to have re[illegible]ceived so many encouraging and sympathetic [illegible]letters through the German Department.

PATHIC PHYSICIANS OF CALIFORNIA

Following is a digest of a memorial addressed by the Association of Naturopathic Physicians of California to the people of California, Governor Johnson, and members of the Assembly and Senate:

This association, legalized under Senate Bill No. 26, in February, 1909, is the only school of healing recognized by the state of California that is not represented on the State Board of Medical Examiners, which now consists of allopaths, homeopaths, eclectics and osteopaths. This is taxation without representation. We ask, as simple justice, the placing of two representatives of our school on the board.

"Naturopathy," or the nature cure, embraces all rational methods of aiding nature to eliminate disease from the system, such as diet, exercise, rest, hydropathy, spinal manipulation, electricity, mental suggestion, etc.

THEY KNOW HOW

TO FEED CHILDREN AND GET GOOD RESULTS

There are more nervous persons made so by undigested food lying in the stomach than the average individual would suppose.

If food remains undigested in the stomach, it begins to ferment, set up gas and a large portion is thus converted into poison.

That's why imperfectly digested food may, and often does cause irritation of the nerves and stupor of the mind—brain and nerves are really poisoned.

"My daughter had complained for some time of a distressed feeling in the stomach, after eating, which set me thinking that her diet was not right," writes an anxious and intelligent mother.

"She had been fond of cereals, but had never tried Grape-Nuts. From reading the account of this predigested food, it seemed reasonable to try Grape-Nuts for her case.

"The results were really wonderful. The little brain that seemed at times unable to do its work, took on new life and vigor. Every morning, now, before going to school, she eats the crisp little morsels and is now completely and entirely well, she seems to have a new lease on life—no more distress in the stomach, nor headache, but sound and well everyway." Name given by Postum Co., Battle Creek, Mich. Read the book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

The bill licensing naturopathy reads: "And all other systems and methods of treating the sick and afflicted in California." This includes all legitimate schools of healing not now specifically legalized.

The naturopaths believe in a four-years' course. We believe the Governor, not the medical trust, should dictate the requirements of medical colleges. Every eclectic college, except one in Cincinnati, is now classed as "C," debarring students from taking examinations before the state board, a gross, unreasonable, and unjust discrimination.

We also believe in reasonable reciprocity in medical practice between California and states having an equal or higher standard. We believe each practitioner should be responsible to his association for his conduct, and that association represented upon the state board.

In conclusion we suggest that the first biennial report of the State Board of Control proves conclusively that there is need for an overhauling of the State Medical Board as at present constituted.

The naturopaths have drafted a medical bill (Assembly Bill No. 731) entirely revising the present situation which was presented January 24th, by Senator Henry H. Lyon and Assemblyman Egbert J. Gates carrying the best solution for equal representation to all schools of the healing art including a reciprocity clause with power to issue certificates entirely optional with the State Board of Medical Examiners. This bill will probably be the compromise out of all the medical bills introduced.

Your support of the bill or bills placing the Naturopathic School on equal footing with all other legalized schools is a just demand and earnest request of our membership.

Very truly yours,

ASSOCIATION OF NATUROPATHS OF CALIFORNIA.
GEO. B. ABBOTT, Secretary.

A PHYSICIAN TO DR. OTTO SCHOLZ

The physician who addresses the following letter to Dr. Scholz is an absolute stranger to the latter, which demonstrates that the conscience of the average and honest member of the medical fraternity rebels against the tactics and outrages perpetrated by the New York Medical Society.

DR. OTTO SCHOLZ, CHIROPRACTOR,
142-46 East 27th St., New York City.

My Dear Sir: It was with deep regret that I learned of your having been prosecuted by the County Medical Society of the state of New York, which prosecution I regard as a sort of persecution. The danger in disregarding the lesson which the county society sought to teach you is that you may be subjected to a far greater degree of annoyance and possibly sent to jail. The County Medical Society of New York are exceedingly ant of the special privileges which joy being disturbed by any one who to alleviate human sufferings by meth trary to those universally accepted correct method; namely, the drug m

The state of Pennsylvania, where tise, has many persons who are en practising chiropractic, hydrotherapy, pathy, neuropathy, etc., none of whom license and have never applied for one is no one qualified to give a license t who have applied and yet they are m turbed by the County Medical Society County of Philadelphia.

I write to inform you of this as Ph phia seems to be a place at the presen where a chiropractor can pursue his p sional work, thereby being of great be humanity and incidentally making a re ble living for himself. Come to Philad and practise in peace.

Most respectfully yours,

ALFRED WALTON, D

From San Antonio, Texas, we receiv following lines. Needless to criticise the they speak for themselves in burning w

Dear Doctor Lust: We again send y report of the doings of the American M Association in the state of Texas, especia San Antonio which is the hotbed of this w ciless gigantic trust, W. N. Norwood, of Norwood Institute, which has achieved n tle fame throughout the country, has rec a blow from this heartless monster; also, White, of the French laboratory in San tonio. Both have appealed the cases.

The grafters and knife wielders of slaughter pens of the city are the leaders agents of the medical trust, who are persecuting good citizens for services rend to an approving public. Mr. Norwood was allowed to produce any testimonials of many patients who were cured at his insti tion, notwithstanding it is an incorporated chartered establishment. In short it was regular built scheme to put Dr. White out business. (Star chamber method!)

Has the time come when the bloody tyrants in all lines of business are masters the situation. Men of thought and prog who can do something for the world, f suffering humanity, are now being persecu and persecuted and driven from the field action so that the professional medical graft and scheming politicians may have a gigan tic graft, our government is a mere chess boa on which the political and medical graft play the game and skin the people.

Respectfully, J. T. ROBINSON, M. D.

The Florida Beacon, Ruskin, Fla., a weekly paper especially for those who desire to make Florida a home and who will find valuable hints in the same.

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NATUROPATHIC NEWS

The Association of Naturopathic Physicians of California has been very busy this season to get a bill through the California Legislature for a separate Naturopathic Board of Examiners. Although naturopathy is legalized in California since 1907, the conditions are not satisfactory. How can drugless practitioners expect fair treatment from a board that is hostile and cannot see the good in any other school or in any other practitioner? If the naturopaths will not get the legislation to which they are entitled and what they demand by constitutional right in the way of a separate board, they will have the matter taken up through referendum and placed before the people of the State to decide. Other sections of our National Society can learn from the California Association. This is the only way to go about it—a separate board of examiners. How can regular physicians issue licenses for drugless practitioners when they know nothing about this science? Naturopathy is a greater and far better science than the old school medicine. Naturopathy has the better argument, has something for the public that is good and practical in the way of prevention and cure of disease. The time has passed where drugless practitioners will make such concessions as going on the same board.

* * *

The osteopaths who are entitled to register in the State of New Jersey under the new law that went into effect on April 2d should write for their application blank and send same in before July 2d, as after that time no more registration is possible without examination. More about this New Jersey law will be published in the near future.

* * *

The Association of Naturopathic Physicians of Pennsylvania has also a bill going. We have, however, not as yet heard the final results. The naturopathic movement is gaining more and more strength in Pennsylvania, and Pittsburgh seems to be quite alive just at this moment, judging from some literature we have seen recently in regard to a Naturopathic University (?), etc.

* * *

The Association of Drugless Practitioners of the State of Minnesota has changed the name of their association to the Minnesota State Naturopathic Association. A bill was also in the Legislature this winter, and it was defeated on account of the large number of regular medical men who were senators and assemblymen. The new election of officers also took place, and Dr. Lindgren was re-elected president and Dr. O. W. Westlind vice-president and Dr. Ballard secretary. There is no doubt that next winter also their bill will pass. Minnesota has a strong pressure on the people to vote for men who are not prejudiced and who will not discriminate in making laws.

A good many of our readers have writing recently and wanted to know become of my great lawsuit with the sleuth of the medical society, Francis zigelaus, and in answer to all of quiries I want to inform them that came up about six times in court before istrate Harris and finally a case was of it and held for the grand jury under of $1,000. This is exactly what we and in one way we are glad that our held, because now we have a fine opportunity to get even with the medical trust and a jury decide whether the people of New and the drugless practitioners will stand such treatment as they have been ceiving in the past. We are collecting terial from more than twenty-five cases this woman who said on the witness that "she never said a lie in her life" mitted perjury. Not in one case did she the truth. She even admitted on cross-examination in the preliminary trial of this that she intentionally lies; also another tective of the medical clique said the thing. This in itself is sufficient proof any jury what kind of work these people doing and how much trust can be put in testimony. We will teach these people lesson once and for all. We are well pared in this case. We have plenty of and legal support and we have also to fight with. Money has been offered the editor in this case, where he never pected it, to carry on this fight to a There is a little more involved in this than "criminal libel" or exposing this detective. The principles of the right of istence and practice of drugless healing at stake, and we will fight this affair the whole question is fully ventilated. I with express my sincere thanks to all many readers who have written letters sympathy and encouragement, and I also to express my thanks to the men and who subscribed for a fund at the last meeting of the mechanotherapists. I have never a cent for myself, and in carrying on fight I do not ask for money for myself; am well able to take care of myself, but case is not my case; it is the case of drugless practitioner, the case of every and citizen of this State. It is the case the public at large, to settle the question and for all whether we have any constitutional rights or not to follow our vocation and good. The jury who will try this case have to try it as their own case. I have committed criminal libel; I have only lished the truth about this infernal about this particular woman detective has committed perjury and has done it such a way that she is not within the and has not acted as an honest detective.

All nature-cure practitioners in Greater New York who were arrested on false evidence by this woman will please communicate with me or with my lawyer, Mr. Newirth, 233 Broadway, New York City.

say to the people of New York practitioners are also human b right to ask the State for prot unjust persecution and also fo conduct a legal business for an l As long as a bath is a crime establishment when this woman so long we will not stop, and hing their "mean and dirty persecution cannot stand any l not be tolerated any longer l of New York and in particul ple the editor represents throug and societies as president o pathic Federation of America. mber of incidents in connection rings in the different courts of have also happened, some part rations of some of the officers cal Society which I will publish a on. They are quite serious and ing. Our readers shall have the l

my case very likely will not con later in the summer or next Oc as we need more funds for legi we ask our readers to contribute to this fund. Without money we c this fight to a finish. We will not ever the results may be. We war tion settled once and for all whet when taken by a sleuth of the m on her own hook constitutes a ther a man or woman who prepare or whether the proprietor of a b blishment is a criminal. We want here a bath is not a crime, the woman nurse who prepares a bath is minal, but when this woman sleuth dical Society comes and takes a ba own hook, then a crime is comm Who is the criminal? As long as a ba other drugless application, such as movements, exercise, vibration o al natural treatment is construed by the servants of this trust, so will keep up the fight and we ask bers to help us. I myself cannot do k all alone. I need your co-operation moral and financial assistance, and re you of a great victory in the ure, not only in this particular case, bu ough actions which are being take the Legislature and the Senate.

* * *

In some of the States we have some legislative committees that have eat work and who deserve the credi reciation of every drugless practi d of the public at large and every hose rights they have been working fo hose cause they represent.

* * *

In the State of Florida, in the Sta nsylvania and a few other States the opathic Society has succeeded in kill mber of medical bills that were di gainst drugless practitioners.

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ANOTHER REMARKABLE OPERATION

It is with no surprise—only disgust—that we learn that the Medical Association has asked the city for an additional appropriation of $116,000 to be devoted to the medical inspection of school children. Yes, the Ancient and Honorable Order of Butinskys, these King Pins of the Universal Society of Busybodies, have decided that the mild and lamblike people of our city should reach way down in their clothes and haul up $116,000 in order that the spectacled and wise looking M. D.'s (we don't remember whether M. D. stands for Mixed Drinks or Much Dope, but it doesn't matter) may be enabled to "inspect" your children in the public schools so as to force you to patronize them whether you want to or not. The fact that their services are uncalled for, unnecessary and undesired makes no difference to the doctors. Not in the least. Naturally being men of "science" they take the "scientific" view of the case that they must live and the people must pay their expenses whether the people and their children live or not. If a few thousand children, more or less, die as a result of vaccination poisoning and unnecessary operations and a few thousand more have their health permanently ruined from poisonous drugs and filthy serums, that is a mere trifle; the Brotherhood of the Bloody Knife and Poison Pill must get money somehow. Otherwise, they may starve, which would be horrible to contemplate. Don't you just hate to think of it? You must appreciate this point before you can become a "cheerful giver" in this case.

Doctors, you know, are strong on Diagnosis, especially when they diagnose the case of Mr. American Public whom they have decided is suffering from a virulent attack of Enlightened Thought. One of the symptoms is that the patient has got the horrible notion into his head that the doctors are more or less fakes. Quick; hand me that knife! An operation is necessary immediately. The operation they have decided on consists in cutting out a liberal portion of a gland on the inner side of the pants pocket vulgarly known as the Purse. The profits derived from this operation are to be devoted to the medical inspection of school children.

It works this way. The doctor goes to the school, examines, or pretends to examine your child and then writes on his card, "You must have these tonsils cut out," or, "These adenoids must be removed." Of course to have this done you will have to go to a doctor who, after butchering your child in the latest and most approved manner, will cheerfully pass a bill for an exhorbitant figure which you, of course, will pay with equal cheerfulness and alacrity.

That is, it will work this way unless the people rise up and treat the Medical Trust to a vigorous massage with the toe of the boot about the shoulders of the pants, proclaiming their right to Medical Freedom to which they are just as much entitled as they are to religious freedom.

ASSOCIATION OF NATUROPATHS OF CALIFORNIA

The annual meeting of the Association of Naturopaths of California was held October 11, 1913, resulting in the following elected officers for the ensuing year:

President, Dr. Carl Schultz; secretary, Dr. August Greth; treasurer, Dr. Henry Gross; financial secretary, Dr. Peter Olson; first vice-president, Dr. Frank L. Wilson; second vice-president, Dr. F. W. Binford; third vice-president, Dr. Chas. I. White; fourth vice-president, Dr. Harry D. Reynard; fifth vice-president, Dr. A. O. Lindstrom; sixth vice-president, Dr. Margaret Goetler.

A committee was appointed to find ways and means for handling new members and outside members.

Resolutions were sent to the Governor protesting that no representative from the Naturopathic School was appointed upon the State Medical Board.

There were many subjects discussed at length and a liberal exchange of views regarding the necessary steps to be taken to build up the association. All present seemed to realize the importance of standing together and taking up new ideas regarding methods of providing for the membership and financing a "Protective Fund," and the needs of boosting for Naturopathy and the association and to prevail upon delinquent members to pay up and become in good standing in view of the mutual benefit and the great necessity of standing together for the conditions arising.

There was one hundred dollars voluntarily subscribed for the "Protective Fund" and the board is anxiously awaiting contributions from the other members.

A vote of thanks was tendered to Dr. Abbott, retiring secretary, for the good and efficient services rendered by him while in office.

Dr. Schultz read a most instructive paper upon Hydrotherapy in which the meeting took extreme interest and proposed a vote of thanks for his earnestness and labor in preparing the same.

THE QUESTION BOX

On account of many important matters in this issue, we were unable to procure space for The Question Box, which will appear in our next issue.